

Phone
(937) 256 - 0500

Fax
(937) 723 - 8955

Monday - Thursday
9am - 8pm

Friday & Saturday
10am - 4pm

*All hours vary with
therapist!*

Dayton

1105 Watervliet Ave Dayton, Ohio 45420

Vandalia

222 W. National Rd. Vandalia, OH 45377

Introduction

The staff of C. Jesse Carlock and Associates is committed to providing quality psychological services for the treatment of a wide variety of problems causing stress and difficulty in everyday life. We work to establish a caring relationship and safe environment within which our clients are empowered to create desired behavior and attitude change. Our goal is to help clients garner the energy and courage to take the risks needed in order to improve their well-being and quality of life.

We take a problem-oriented approach and view our clients as individuals who are blocked in making use of their resources, both internal and in the environment. Our aim is to inspire people to believe that they can change and to forge a working partnership to set new growth in motion creating hope and new possibilities.

We weave together numerous theoretical approaches in our work with people, but draw heavily on Gestalt therapy, cognitive-behavioral methods, solution-focused and Virginia Satir's emphasis on self esteem and family systems. Our belief is that lasting change can occur when the emotional, behavioral, physical and spiritual aspects of the individual are attended to in the therapy process. Our approach balances intellectual understanding with an appreciation for action and experience.

To make visits more pleasant, we have created a warm, home-like atmosphere in our private offices. We have two locations with plenty of parking which offer easy access from the Dayton metropolitan area and surrounding suburbs.

Services

We offer services for Adults, Children and Adolescents. Also, we provide services for Individuals, couples and families. Some of the many issues we address are:

Depression, Grief and Loss, Anxiety, Adjustment and Developmental Concerns, Eating Disorders, Alcohol and Drug Addictions and Co-Dependency Issues, Adult Children of Dysfunctional Families, Self Esteem Issues, Trauma and Abuse, Aging and Life Cycle Transitions, Stress Management, Chronic and Life-Threatening Illness, Parenting Concerns, Gay, Lesbian and Transgender Issues, Relationships, Marital and Couples Therapy, Crisis Debriefing.

Call us today to schedule an appointment!

Our office hours are designed to accommodate clients' busy schedules. In addition to daytime hours, we also provide Saturday and evening appointments.

Should a need for help arise, please turn to us with confidence. Our telephone number is (937) 256 - 0500, our fax is (937) 723 - 8955, and our e-mail address is cjcarlock@gmail.com.

The Staff

Our clinical staff consists of psychologists, social workers and counselors. Each staff member has completed extensive postgraduate training and is involved in continuing professional education. All services are under the clinical direction of Dr. Jesse Carlock and Dr. Kathleen Glaus, both of whom are clinical psychologists who have been licensed and practicing for more than 35 years. The clinical staff work as a team and, as needed, work in consultation with area professional to provide the highest quality of service to clients. Information concerning each of our clinical staff members is provided at our website.

Fees

To help contain fees, we ask that clients pay full fee at the time of service unless we have a specific contract with insurance companies and their agents which provides for other arrangements. deductibles and co-payments are due at the time of the session.

